**Mental Health Advice – please follow the government link below -**

***Guidance for the public on the mental health and wellbeing aspects of coronavirus (COVID-19):***

<https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19#additional-advice-for-groups-with-specific-mental-health-needs>