<https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19/guidance-to-educational-settings-about-covid-19>

There is currently no good evidence that people who do not have symptoms are infectious to others.

**3. Preventing spread of infection**

There is currently no vaccine to prevent COVID-19. The best way to prevent infection is to avoid being exposed to the virus.

There are general principles anyone can follow to help prevent the spread of respiratory viruses, including:

* washing your hands often - with soap and water, or use alcohol sanitiser if handwashing facilities are not available. This is particularly important after taking public transport
* covering your cough or sneeze with a tissue, then throwing the tissue in a bin. See [Catch it, Bin it, Kill it](https://campaignresources.phe.gov.uk/resources/campaigns/101/resources/5016)
* **people who feel unwell should stay at home and should not attend work or any education or childcare setting**
* pupils, students, staff and visitors should wash their hands:
	+ before leaving home
	+ on arrival at school
	+ after using the toilet
	+ after breaks and sporting activities
	+ before food preparation
	+ before eating any food, including snacks
	+ before leaving school
* use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available
* avoid touching your eyes, nose, and mouth with unwashed hands
* avoid close contact with people who are unwell
* clean and disinfect frequently touched objects and surfaces
* if you are worried about your symptoms or those of a child or colleague, please call NHS 111. Do not go directly to your GP or other healthcare environment

**5. What to do if a case of COVID-19 (pupil, student or staff) is suspected in your childcare or educational setting**

If anyone has been in contact with a suspected case in a childcare or educational setting, no restrictions or special control measures are required while laboratory test results for COVID-19 are awaited. There is no need to close the setting or send other learners or staff home.